California Regions Song

Adapted by Mary Ann Rechtfertig (Sung to the tune of "If You're Happy and You Know It.")

Do you know about California's Regions?
Do you know there are four natural regions?
If you know the four regions,
Clap, smile, and say, "Hurrah!"
Do you know about California's four regions?

THE COAST is our region of California.

The coast borders the Pacific Ocean.

It stretches more than 800 miles,

With bays like ours in San Francisco.

It has the Coast Ranges and two groups of islands.

(The Farallons and Channel Islands!)

THE CENTRAL VALLEY is a region of California.

Between the Coast Ranges and Sierra Nevadas.

It has Sacramento, our capital,

And productive fertile farmland.

It has the Sacramento and San Joaquin Rivers.

(And Valleys too!)

THE MOUNTAINS are a region of California.

They cover more than half of the state.

The Cascades and Sierra Nevada,

with Yosemite National Park.

There's Mt. Whitney, Mt. Lassen, and Mt. Shasta.

(The last two are volcanoes!)

THE DESERTS are a region of California
They stretch across southeast California
The Mojave covers a large area,
And there's the Colorado Desert too.
Irrigation carries water to dry places.
(with canals, ditches, and pipes!)